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PULSE HEATERS

Pulse warmers - "tiger"

When I have knitted socks, there is always some yarn left over. For socks, I usually use 2 skeins of sock yarn (depending on size) - but what do you do with the rest of the yarn.....you could knit "leftover socks" where you mix all kinds of yarn scraps - but you could also make a couple of cute pulse warmers. Autumn is well and truly on



its way - and it feels good with these pulse warmers - outside and inside. See more below - there you get my home-brewed recipe for free.

You will need:

A skein of stocking yarn or other yarn scraps - suitable for needle 3

Double pointed needles 3 mm.

You can adjust the length of the pulse heater, depending on how much yarn you have left.

You do this:

Cast on 52 stitches on double pointed needles 3. Distribute the stitches on 4 double pointed needles with 13 stitches on each needle.

Knit 5 rounds. Stockinette stitch

Knit 1 round. inside out

Knit straight up until you reach the place where the thumb should begin. I have knitted 11 cm - and that was what my yarn could reach this time.

Cast off 8 stitches at the beginning of a round. Knit in the round until you reach the closure again.

Cast on 8 new stitches again.

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Knit in stocking stitch until the entire piece measures 15-16 cm from the purl round at the bottom.

Purl one round.

Knit 5 rounds of stockinette stitch.

Fasten off (not too tight)

Knit the second pulse warmer for the belly.

If you knit with stripes/colour changes, you must ensure that the color change is on the inside of the pulse warmer - towards the palm. And it must be ensured that you close the thumb in the right place, so that the color change cannot be seen on the upper side.

Assembly:

Where you have purled rounds (top and bottom) you must bend over. The edge is sewn on the back with small stitches that can only be seen from the wrong side. Not too tight - it should be able to give a little when you take the pulse warmers on and off.....

Staple ends.

Thumb: I have crocheted double crochets 4 rounds around - with 18 stitches in one round. You can choose to crochet the thumb or simply leave a hole for the thumb without an edge. But I like the crochet finish.