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KNITTED PULSE WARMERS.

Pulse heaters - "forest floor"

Another suggestion for what you can use the leftover yarn for when you have completed a pair of home-knitted socks. Pulse warmers are lovely in these autumn times - and not as warm as a pair of real mittens. Useful



- and best of all, you get to use the leftover yarn sensibly.....

See below how to do it - the recipe and idea can be downloaded [here](#).

You will need:

Yarn scraps suitable for needle 3 mm. Approx. just under 1 key in total.

Double pointed needles 3 mm.

Crochet hook 3 mm

You do this:

Cast on 48 stitches on needle 3 and distribute the stitches on 4 double pointed needles with 12 stitches on each needle.

Knit 3, purl 3 - a total of 5 rounds

Knit 3 purl, knit 3 - a total of 5 rounds.

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Alternate with this pattern all the way up - it forms "checkers"

When the work measures approx. 11 cm - or the desired length (depending on what you have yarn for), cast off 8 stitches for the thumb. Knit the round and then cast on 8 new stitches again. Continue knitting pattern.

When the entire work measures 16 cm - or the desired length, fasten off. Make it fit that the closure is "after a die".

Please note that if you knit with stripes / yarn change, the place where the yarn changes must be on the inside of the hand. Close off to thumb so it's going to fit with this.

I have crocheted 4 rounds of single crochet around the thumb hole - 18 stitches in total. It gives a nice ending, but can also be omitted.