

KNITFREAK . COM

HAGGY SACK BALLS

A RECIPE INCL. SUGGESTIONS FOR PLAYING AND LEARNING WITH THE BALLS.

Haggy Sack balls - crocheted - DIY

I have crocheted some Haggy Sack balls. Fun toys for children and other childish souls. Along with the recipe for the balls, you also get examples of a couple of games or 3 that you can play with the children. Educational and fun games. You can develop the games further yourself.

I use the balls in my work with children - I am a teacher at a school. The pupils each have a ball and the balls have become part of everyday life.



The balls are crocheted from leftover yarn and filled with rice or cat litter. The balls have a "heavy expression" and lie well in the hand. At the same time, I can encourage you to go to YouTube and write: *playing with Haggy-Sack* - here you will find many fun videos and ideas for how you can use your balls. Please note that the balls cannot stand water - water does not go hand in hand with the filling

Recipe for the Haggy Sack DIY balls:

1st round: cast on 6 sc in a sc (6)

2nd round: 2 sc in each st (12)

3rd round: *1 sc, 2 sc in next st* repeat *-* all the way around (18)

4th round: *2 sc, 2 sc in next st* repeat *-* all the way around (24)

5th round: *3 sc, 2 sc in next st* repeat *-* all the way around (30)

6th round: *4 sc, 2 sc in next st* repeat *-* all the way around (36)

7th round: *5 sc, 2 sc in next st* repeat *-* all the way around (42)

KNITFREAK . COM

HAGGY SACK BALLS

A RECIPE INCL. SUGGESTIONS FOR PLAYING AND LEARNING WITH THE BALLS.

8.-14. round: sc all the way around (e.g. put a small stub of yarn at the start of the round so you know when you have reached a full round) (42)
15th round: *5 sc, 2 sc sl* repeat *-* all the way around (36)
16th round: *4 sc, 2 sc sl* repeat *-* all the way around (30)
Round 17: *3 sc, 2 sc sl* repeat *-* all the way around (24)
18th round: *2 sc, 2 sc sl* repeat *-* all the way around (18) Now fill the ball - see below.
Round 19: *1 sc, 2 sc sl* repeat *-* all the way around (12)
20th round: *2 sc sl* repeat *-* all the way around (6)

Close the ball on the 18th round as follows: Fill rice or cat litter in a freezer bag. Close the bag with elastic or string (tight). Note that the ball should not be filled completely. It should be slightly "movable" but almost filled. Crochet the last 2 rounds then and fasten the ends/close the ball.

Use leftover yarn and vary the colors.

Suggestions for doctor with Haggy Sack

A la the old ten-ball game

The game takes place as follows:

Exercise no. 1 is repeated 1 time

Exercise no. 2 is repeated 2 times, etc. etc.

Exercise 10 is repeated 10 times.....

This, of course, WITHOUT losing the ball. If you lose the ball, the game starts over. There may be a prize waiting when all exercises are completed.

Exercise 1: The ball is thrown straight into the air and caught again

Exercise 2: The ball is thrown straight up and you clap twice before catching the ball again

Exercise 3 The ball is thrown straight up and you clap in front of your stomach and behind your back before you grab the ball again.

Exercise 4: The ball is thrown straight up under the right leg (lift the leg and

KNITFREAK . COM

HAGGY SACK BALLS

A RECIPE INCL. SUGGESTIONS FOR PLAYING AND LEARNING WITH THE BALLS.

throw under the leg)

Exercise 5: The ball is thrown straight up under the left leg (lift the leg and throw under the leg)

Exercise 6: Throw the ball straight up, go down on your knees and up again

Exercise 7: Throw the ball straight up, jump on both legs

Exercise 8: Throw the ball straight up, spin around yourself 1 turn

Exercise 9: Throw the ball straight up, clap 3 times

Exercise 10: Throw the ball straight up, make 1 coach stroke (like when you freeze) with the arms

This of course assumes that you catch the ball again when it has been thrown up and you have done the exercise.

You can expand the game yourself and come up with other exercises.

The game can be played indoors - there must be some space and not precious things that can be knocked over or shot down nearby.....have fun

Table training/word game

Best done outside....

Stand 2 and 2 facing each other - a little close together.

Now say a table (e.g. 3 the table).....

Person 1 says "3" and throws the ball to a partner - and person 1 takes a step back.

Person 2 says "6" and throws the ball to a partner - and person 2 takes a step back.

Person 1 says "9" and throws the ball to a partner - and person 1 takes a step back.

etc. etc

In this way, the distance between you becomes longer and longer and it becomes more difficult to throw and catch the ball. It's fun at the same time as practicing the tables. It can be used on all the tables. Playing and learning at the same time.

KNITFREAK . COM

HAGGY SACK BALLS

A RECIPE INCL. SUGGESTIONS FOR PLAYING AND LEARNING WITH THE BALLS.

At the same time, the leg can be made with e.g. "to say a noun" (all words with a or a in front, e.g. "house", "car", "bed", "football", etc. etc. the same word must not be repeated)

Or how about "say a verb" (all words with at/I in front, e.g. "eat", "drive", "jump")

Or how about "say an adjective" (all words with "to be" in front - e.g. "stupid", "sleepy", "happy")